



Graduated Approach Stages for Pupil Mental Health and Wellbeing

In order to ensure that our provision is efficient, a graduated approach has been implemented at Sherdley Primary School. The following 5 stages describe our school, local and national offer.

Mental Health Risk Factors	Mental Health Protective Factors
<ul style="list-style-type: none"> • Homelessness • Unemployment • Substance misuse including alcohol • Discrimination and racial injustice • Family conflict / disorganisation • Stressful life events • Chronic illness • Maternal illness 	<ul style="list-style-type: none"> • Living in a safe, supportive community • Being free of violence • Supportive relationships with meaningful connections • Living in an orderly household • Education • Opportunities for employment

Stage 1	
<p>Any member of staff can record observations, information shared from pupils, peers or parents on CPOMS. Monitored by SLT via CPOMS</p>	<ul style="list-style-type: none"> • Observations / information shared with relevant school staff – Teacher, LSA, Year group team • Pupil Voice / talk to parents & record situation • Teacher & LSA offer support – positive listening, possible solutions to try, • Inform all staff linked to the pupil inc middays • Monitor for a fixed, agreed period of time • If unresolved / escalate move to Stage 2
	
Stage 2	
<p>Escalation of situation. Limited improvement over fixed period of time Some impact upon behaviour and learning</p>	<ul style="list-style-type: none"> • Teacher to arrange follow-up meeting or phone call with parents to review the situation • Pupil voice / parent feedback • Record resolution and outcomes • If concerns remain / progress is limited, consider referral to Pastoral Team for support – to be heard at the next half termly meeting • Offer external support – Advanced solutions, Kooth, Boss St Helens, Grow your happy, Mind. • If unresolved move to Stage 3
	
Stage 3	
<p>Significant and sustained impact on behaviour and or learning.</p>	<ul style="list-style-type: none"> • Review previous stages • Referral to Pastoral Team for immediate support • Pupil voice / Arrange follow-up meeting or phone call with parents • Record resolution and outcomes • Consider referrals to external services including EHAT – Early Help Assessment Tool

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	<ul style="list-style-type: none"> • If unresolved move to Stage 4
Stage 4	
<p>Significant and sustained impact upon behaviour, learning, attendance, self and others including family members / siblings.</p> <p>Potential for imminent harm to self / others</p>	<ul style="list-style-type: none"> • Review previous stages • Escalate to SLT meeting for consideration of next steps • Meet with parents and discuss, feedback following SLT • Consider referral to appropriate external services – Phillipi Trust, GP, Community Paeds, CAMHS, Level 3 / 4 Child in Need / Child Protection •
Stage 5	
<p>Children at risk of significant harm to themselves or others.</p>	<ul style="list-style-type: none"> • If children are presenting with distressing behaviours and are deemed to be unsafe by Senior Leaders – parents must be phoned and informed immediately. • If a child is causing themselves significant harm – first aid to be instructed. SLT to decide if an ambulance should be called OR advise parents to seek urgent medical attention.

NB - At any point in the above stages should there be a risk of significant harm a Designated Safeguarding Lead should be informed immediately.