

Football Knowledge Organiser

Key Skills:

Passing	Both short and long range passing is key to the game. Long range passing is to miss out a unit of defenders.
Defending	Defending and preventing the opposition from scoring, winning the ball back to attack is a key element.
Shooting	A skill used by players within the game to score a goal. There are many ways to shoot (standing, jump, dive) depending on where you are on the court and against what opposition.
Dribbling	Dribbling skills enable a player to keep control of the ball, travel past a defender or to simply move the team forward up the court.
Match play	A technique used to understand the basics of the game, the rules, scoring and the pitch.

Game:

- The aim of the game is to score more goals/points against the opposition.
- The game begins with a pass from the very centre, on the halfway line.
- A competitive game of handball has a duration of 90 minutes. This is split into two periods of 45 minutes each with a 15 minute interval.
- For younger players, the period time can be reduced to 20 minutes.
- The team with the most goals wins the game.

Scoring:

- The score starts at 0-0.
- A goal is scored in football when the ball is scored into the opponent's goal..



Key Terms

Tactical Skills

- Changing speed
- Changing direction
- Awareness of others
- Timing
- Decision making

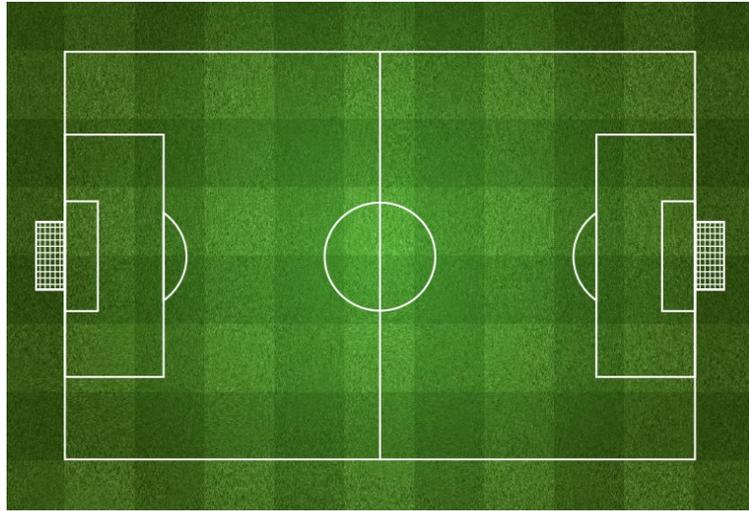
Physical Fitness

- Coordination
- Agility
- Reaction time
- Power
- Stamina
- Balance
- Strength

Equipment

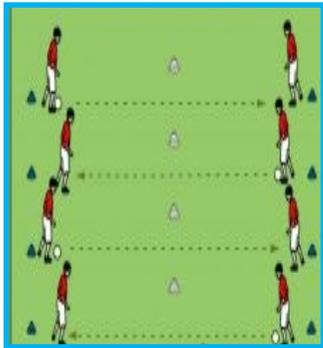
- Football
- Football goals
- Bibs
- Cones

What a football pitch looks like:

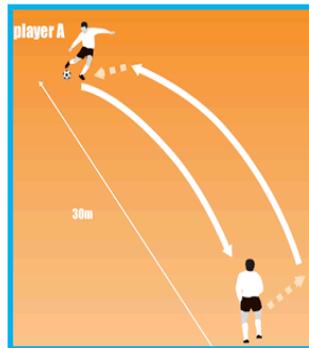


Game:

- Each team consists of ten outfield players and a goalkeeper.
- Each goal is worth one point and the team with the most goals at the end of the game wins.
- When in possession, a player can pass, shoot or dribble the ball
- Players are not able to pass back to the goalkeeper for him to pick it up, but he can kick it..
- Depending on where the incident takes place, a free kick or a penalty is awarded if the player in possession of the ball is illegally infringed.
- If the ball goes off the side of the pitch, it is a throw in to the team that did not touch the ball last.
- If the ball goes off the end of the pitch, it is a corner or a goal kick depending who the ball touched last.



Short Passing



Long Passing



Shooting



Tackling



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