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| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn** | | **Spring** | | **Summer** | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Movement skills | Movement skills | Movement skills | Movement skills | Movement skills | Movement skills |
| **Year 1** | **Invasion game** Dodgeball | **Invasion game**  Tag rugby | **Invasion game**  Football | **Dance**  (Topic based) | **Invasion game**  Benchball | **S/F game**  Kick rounders |
|  | **Dance**  (Topic based) | **Gym**  Body awareness, jumping, travelling | **N/W game**  Tennis | **OAA**  Teambuilding/Teamwork | **Athletics**  (Track) | **Athletics**  (Field) |
| **Year 2** | **Invasion game**  Benchball | **Indoor Athletics**  Running, jumping and throwing | **Invasion game**  Football | **Dance**  (Topic based) | **Invasion game**  Tag rugby | **S/F game**  Rounders |
|  | **Dance**  (Topic based) | **Gym**  Body awareness, jumping, travelling | **N/W game**  Tennis | **OAA**  Teambuilding/Teamwork | **Athletics**  (Track) | **Athletics**  (Field) |
| **Year 3** | **Invasion game**  Basketball | **Indoor Athletics**  Running, jumping and throwing | **Invasion game**  Hockey | **Dance**  (Topic based) | **Invasion game**  Tag rugby | **S/F game**  Cricket |
|  | **Dance**  (Topic based) | **Gym**  Body awareness, jumping, travelling, bridges | **N/W game**  Volleyball | **OAA**  Problem solving/Orienteering | **Athletics**  (Field) | **Athletics**  (Track) |
| **Year 4** | **Invasion games**  Netball | **S/F game**  Cricket | **Invasion game**  Tag rugby | **Dance**  (Topic based) | **S/F game**  Rounders | **Invasion games**  Handball |
|  | **Dance**  (Topic Based) | **Gym**  Body awareness, jumping, travelling, bridges | **N/W game**  Volleyball | **OAA**  Problem solving/Orienteering | **Athletics**  (Field) | **Athletics**  (Track) |
| **Year 5** | **Invasion game**  Netball | **Indoor Athletics**  Running, jumping and throwing | **Invasion game**  Handball | **OAA**  Problem solving/Orienteering | **Swimming** | **Invasion game**  Tag rugby |
|  | **Dance**  (Topic based) | **Gym**  Sequencing | **N/W game**  Badminton | **Fitness**  Circuit training | **Athletics**  (Field) | **Athletics**  (Track) |
| **Year 6** | **Invasion game**  Tag rugby | **Indoor Athletics**  Running, jumping and throwing | **Invasion game**  Handball | **Fitness** | **Invasion game**  Rounders | **Swimming** |
|  | **Dance**  Cheerleading | **Gym**  Sequencing, synchronisation and canon | **N/W game**  Badminton | **OAA**  Leadership/Orienteering | **Athletics**  (Field) | **Athletics**  (Track) |